

ACT Practice Exam Proctoring Instructions

What You Need to Begin



No. 2 pencils



Graphing calculator

(if possible – otherwise a standard calculator)



Printed exam
and scantron

Why You Must Practice with a Scantron

1

Bubbling takes time, so you should emulate real testing conditions to make sure you get those bubbles filled in.

2

It's easy to make a mistake while bubbling, so you need to practice that skill too.

How to Time Each Section



English - 45 minutes



Math - 60 minutes



Reading - 35 minutes



Science - 35 minutes

Break - 10 minutes

What to do during the break: use the restroom, have a snack, splash cold water on your face, chew a mint, walk around and keep the blood moving

What to NEVER do during the break: don't put your head down and sleep, don't check your cell phone

Why is the break important? When you come back from the break, the back-to-back reading and science sections require MAJOR focus, so your brain must be sharp and ready to go.

Have extended time? Your pacing should track for English 70 minutes, Math 90 minutes, and both Reading and Science for 55 minutes each.

** Students only get a 5 minute warning in each section, so they must monitor their own pacing otherwise.*



Major Tip

Don't leave any answer blank! Pick a letter of the day and guess that letter every time!

