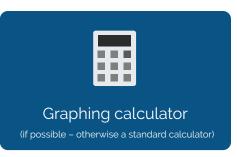
# **ACT Practice Exam Proctoring Instructions**

## What You Need to Begin







## Why You Must Practice with a Scantron



Bubbling takes time, so you should emulate real testing conditions to make sure you get those bubbles filled in.



It's easy to make a mistake while bubbling, so you need to practice that skill too.

### **How to Time Each Section**



English - 45 minutes



Math - 60 minutes





Reading - 35 minutes



Science - 35 minutes

#### Break - 10 minutes

What to do during the break: use the restroom, have a snack, splash cold water on your face, chew a mint, walk around and keep the blood moving

What to NEVER do during the break: don't put your head down and sleep, don't check your cell phone

Why is the break important? When you come back from the break, the back-to-back reading and science sections require MAJOR focus, so your brain must be sharp and ready to go.

**Have extended time?** Your pacing should track for English 70 minutes, Math 90 minutes, and both Reading and Science for 55 minutes each.

<sup>\*</sup> Students only get a 5 minute warning in each section, so they must monitor their own pacing otherwise.



## **Major Tip**

Don't leave any answer blank! Pick a letter of the day and guess that letter every time!

