

SAT Practice Exam Proctoring Instructions

What You Need to Begin



No. 2 pencils



Graphing calculator

(if possible – otherwise a standard calculator)



Printed exam
and scantron

Why You Must Practice with a Scantron

1

Bubbling takes time, so you should emulate real testing conditions to make sure you get those bubbles filled in.

2

It's easy to make a mistake while bubbling, so you need to practice that skill too.

How to Time Each Section



Reading - 65 mins



Writ & Lang - 35 mins



Math No Calc - 25 mins



Math Calc - 55 mins



Major Tip

Don't leave any answer blank!

Break - 10 minutes

What to do during the break: use the restroom, have a snack, splash cold water on your face, chew a mint, walk around and keep the blood moving

What to NEVER do during the break: don't put your head down and sleep, don't check your cell phone

Why is the break important? When you come back from the break, the back-to-back Writing & Language and Math No Calc sections require MAJOR focus, so your brain must be sharp and ready to go.

Break - 5 minutes

Have 1.5 extended time? Your pacing should track for Reading 98* mins, Writing and Language 53 mins, Math No Calc 38 mins, and Math Calc 83* mins.

*Note: Reading and Math Calc get a 5 minute break halfway through each section.

